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Registered Company Number: 7108632



Climbing/Trekking/Watersports
Confirm on: 020 2075 5725





DELIVERING DUKE OF EDINBURGH'S AWARD EXPEDITIONS TO SCHOOLS AND YOUTH ORGANISATIONS.

The Duke of Edinburgh Award scheme has changed the lives of thousands of young people across the UK, its combination of personal development, challenge and achievement making it a unique experience. The importance of the scheme is undeniable, but the ever-increasing demands for Health and Safety and risk assessment make it difficult for schools and youth organisations to offer it with confidence.

Sam Sykes™ Ltd was set up to reverse this trend by delivering professionally led Duke of Edinburgh award expeditions across the UK and overseas. With over thirty years' experience in organising and leading DofE Award expeditions at bronze, silver and gold level, the Sam Sykes™ team understands the importance of safety in all areas of expeditions. The combination of practical experience, legislative knowledge and a thirst for adventure allows the Sam Sykes™ team to deliver bespoke DofE expeditions that will challenge participants without ever compromising their safety. Sam Sykes™ has run expeditions across the UK, including the Lake District, Peak District and North Wales, as well as across Europe and the rest of the world.

The benefits of using Sam Sykes™ professional expedition service are clear. Young people taking part in the scheme enjoy a challenging and affirming experience delivered by dedicated and qualified leaders. Schools and youth organisations, meanwhile, gain peace of mind from knowing that their expedition groups are in safe hands and that the Sam Sykes™ team has a wealth of experience with the DofE scheme.

Fully Licenced and Insured

Sam Sykes™ Ltd is licenced and approved by the Adventure Activities Licensing Authority (AALA) – your guarantee that every outdoor activity is designed within rigorous guidelines and delivered with a focus on the safety and well-being of all participants. The company is insured through Activities Industry Mutual.

A Flexible Approach to DofE Expeditions

The Sam Sykes™ team can be involved as much or as little as you wish, providing a unique experience for every organisation. From planning, administration and training through to assessments, supervision and equipment provision as well as delivering the expedition itself, Sam Sykes™ offers a complete suite of expedition services should you need them. If, however, you only require the expedition guide services, this can be arranged too. The Duke of Edinburgh Award scheme is a life-changing event, and with Sam Sykes™ you can rely on expeditions being delivered to the high standards that today's young people deserve.





D OF E AWARD EXPEDITIONS ACROSS THE UK AND OVERSEAS.

- **DofE expeditions can be arranged from £70 per person.**
- **Training and other expeditions cost from £35 per person per day, with a minimum of ten participants.**

DofE Award expeditions with Sam Sykes™ are carefully designed and delivered so as to provide the maximum benefit for everyone involved, whilst at the same time minimising risk and ensuring that safety procedures are rigidly adhered to. With a rare level of experience that encompasses over thirty years of expeditions, the Sam Sykes™ team understands the potential risks and dangers in each expedition and deals with them accordingly. The safety of every member of an expedition party is paramount at all times.

A programme of training and expeditions will be designed specifically for your needs, giving DofE participants an experience they won't find elsewhere. The Sam Sykes™ team creates and delivers a wide range of outdoor activities, such as canoeing, and expeditions that form a fulfilling and affirming part of the DofE Award scheme. Indeed, Sam Sykes™ can offer advice and guidance on the entire DofE programme.

Areas Covered

Simply put, Sam Sykes™ offers DofE expeditions anywhere in the UK, across Europe and to far-flung destinations worldwide. Previous expeditions have taken scheme participants to Africa, Alaska, Canada, North America, South America, Ireland, Scotland, the Himalayas and every corner of Europe, but the Sam Sykes™ team is passionate about creating a unique experience and will be glad to research any destination you might have in mind.

Costs

Sam Sykes™ operates a straightforward and transparent pricing policy – all charges will be set out in advance, giving you a clear understanding of where your money will be spent. DofE expeditions can be arranged from £70 per person; training and other expeditions cost from £35 per person per day, with a minimum of ten participants.

For full pricing details, please get in touch and a member of the team will be happy to help.

EXPEDITION DESTINATIONS

LAKE DISTRICT - CUMBRIA

SNOWDONIA - WALES

PEAK DISTRICT - YORKSHIRE

ALPS - SWITZERLAND

BEN NEVIS - SCOTLAND

IRELAND

NORTH AFRICA

ALASKA

HIMALAYAS

NORWAY

CANADA

PERU

HUNGARY

ITALY

GERMANY

CZECH REPUBLIC

AUSTRIA

PLUS MANY MORE





EXPEDITION SAFETY SPECIALISTS FOR DUKE OF EDINBURGH AWARDS AT ALL LEVELS.

Safety is at the very core of the Sam Sykes™ ethos – a commitment to ensuring the welfare of all expedition members underpins everything the company does. Safety procedures are rigidly adhered to, and the fully trained Sam Sykes™ team is at the very forefront of Health and Safety practices.

Planning ahead is absolutely essential, and Sam Sykes™ pays uncompromising attention to detail when organising an expedition. Every aspect of a plan is carefully scrutinised and thorough risk assessments are undertaken. The team's expertise in delivering expeditions, for the Duke of Edinburgh Award scheme and independently, provides a greater understanding of the issues which may arise during an expedition, and a detailed knowledge of how to overcome them. Throughout the expedition, the members of the Sam Sykes™ team continually re-evaluate environmental circumstances and group performance, ensuring that the expedition participants enjoy a challenge but are never put at risk.

A safety consultation service is available for schools and youth organisations planning outdoor activities. Please get in touch for more details on how this service can enable you to design activities which are exciting and rewarding without ever infringing on safety or legislation.

DofE Approved

Sam Sykes™ experience in delivering bespoke Duke of Edinburgh Award expeditions has enabled the company to become an Approved Activity Provider for the expedition section of the Award, as well as offering professional advice on all aspects of the scheme.

AALA Licenced

The Adventure Activities Licensing Authority is the government body, and part of HSE, that assesses, regulates and monitors outdoor activity provision and ensures the safety of all participants. Sam Sykes™ is proud to be AALA licenced, and to uphold the high standards of safety that this licence represents. Click on the AALA logon on the left to find out more.

Insurance

Sam Sykes™ is fully insured for outdoor activities and holds public liability as well as employee liability insurance with Activities Industry Mutual. Personal accident insurance cover is available through the Duke of Edinburgh Award scheme.

Qualifications

All staff are fully qualified in delivering expeditions and hold a range of qualifications awarded by national governing bodies in the field of outdoor activities, with first aid a particular area of focus.



OVER 30 YEARS' EXPERIENCE IN DELIVERING THE DUKE OF EDINBURGH'S AWARD EXPEDITIONS - EXPERTISE AND PASSION.

Sam Sykes™ Ltd was created in the belief that the Duke of Edinburgh Award scheme should be accessible to as many young people as possible. The team of qualified and experienced expedition specialists was assembled with the shared goal of delivering the DofE experience, safely and enjoyably, in an environment where personal effort is encouraged and rewarded.

Founder and namesake Sam Sykes has been involved in outdoor pursuits all his life. At five months old, he travelled up his first mountain; at three years of age, he was equipped with crampons and an ice axe. His long-standing passion for outdoor exploration has led him on expeditions all over the world, from Peru and Canada to Norway, Hungary, the Czech Republic and north Africa to name but a few of the destinations he now knows intimately.

The DofE scheme runs in Sam's veins: his father Stuart runs a DofE group and has received an MBE for the work he has accomplished with young people. Sam's lifelong involvement with the scheme has enabled him to see the positive difference it can make to people's lives, and it was this that inspired him to deliver the awards expeditions professionally. The DofE is a worthwhile life experience for every participant; Sam has seen many young people whose lives have been transformed.

The family's thirty-year experience in delivering the awards experience means that health and safety procedures are at

their peak. Health and safety are paramount to the company, and Sam and the team are experts at minimising the risk without reducing the challenge.

Sam is supremely qualified to deliver the DofE experience, as he holds a degree in Outdoor Studies and extensive experience in running facilities and designing and implementing Health and Safety systems. Having climbed Europe's highest mountain at the age of 18, and achieved the unofficial world record for paddling the length of all the lakes in England's Lake District in the fastest time, he has the drive and determination to make every expedition a success.

ABOUT SAM SYKES LTD

CLIMBERS

PADDLERS

MOUNTAINEERS

ADVENTURERS

EXPERTS IN OUTDOOR

ACTIVITY HEALTH & SAFETY





GET IN TOUCH **DISCOVER D OF E EXPEDITIONS** **WITH SPECIALIST GUIDES -** **WHEREVER YOU MAY** **WISH TO GO.**

A passion for delivering bespoke Duke of Edinburgh expeditions that are rewarding, challenging and safe is the driving force behind Sam Sykes™. The team would be delighted to create a training and expedition programme for you.

Please get in touch in the way that is right for you, and the team will provide your group with an unforgettable expedition experience.

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